

PRETZEL, SOFT WHOLE WHEAT 2.5 OZ BAKED IW FROZEN

Nutritional Facts			
Serving Size: 2.50 oz (2.5oz)			
Amount per Serving		Calories from Fat: 10	
Calories: 170		% Daily Value*	
Total Fat: 1g		2%	
Saturated Fat: 0g		0%	
Trans Fat: 0g			
Cholesterol: 0mg		0%	
Sodium: 6mg		150%	
Total Carbohydrate: 36g		12%	
Dietary Fiber: 4g		16%	
Sugars: 1g			
Other Carbohydrate:			
Protein 6g			
Vitamin A:		0%	
Vitamin C:		2%	
Calcium:		2%	
Iron:		10%	
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	80g
Cholesterol	Less than	2,400mg	80g
Sodium		65g	80g
Total Carbohydrate		65g	80g
Dietary Fiber	Less than	65g	80g

Ingredients:
WHOLE WHEAT FLOUR, ENRICHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, YEAST, CORN SYRUP, WHEAT GLUTEN, ASCORBIC ACID, BICARBONATES AND CARBONATES OF SODA.

Additional Description:
SUPERPRETZEL WHOLE WHEAT SOFT PRETZEL-INDIVIDUALLY WRAPPED

Preparations and Cooking Instructions:
Warm-n-Serve or Thaw-n-Serve